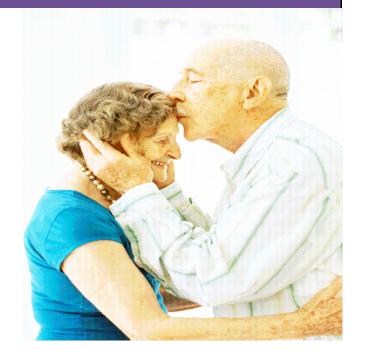
## alzheimer's $\Re$ association

## CAREGIVER SUPPORT GROUP Monte Vista

2nd Thursday of each month, from 11 am to NOON.

Monte Vista Chamber & Information Center 947 1st Avenue Monte Vista, CO 81144



Please call: 719-372-5985 to confirm meeting date and location, and for more information.

- For caregivers, family or friends who deal with the daily challenges of caring for someone with any type of dementia.
- We provide support and encouragement in a confidential setting and at no cost.
- ♦ Meet other caregivers and learn more about the disease, care giving issues and suggestions on how to take care of yourself.