

**CAREGIVER SUPPORT GROUP**  
Monte Vista

**2nd Thursday of  
each month, from  
11 am to NOON.**

**Monte Vista Chamber  
& Information Center  
947 1st Avenue  
Monte Vista, CO 81144**

**Please call:  
719-372-5985  
to confirm meeting  
date and location,  
and for more  
information.**



- ◆ For caregivers, family or friends who deal with the daily challenges of caring for someone with any type of dementia.
- ◆ We provide support and encouragement in a confidential setting and at no cost.
- ◆ Meet other caregivers and learn more about the disease, care giving issues and suggestions on how to take care of yourself.

**Alzheimer's Association  
4104 Outlook Blvd. Bldg. B, Pueblo, CO 81008  
24/7 Helpline: 1.800 272.3900**