

Diabetes Peer Support Group

Join San Luis Valley Health for a FREE support group!

When: The second Wednesday of every month
from 12-1 PM

Where: The Grizzly Education Center
1921 Main Street in Alamosa.

Please join us for an opportunity to gain support, share ideas, and give encouragement with and from others living with diabetes.

Learn practical skills from experts with the San Luis Valley Health's Behavioral Health Department and Diabetes Education Empowerment Program.

Please call 719-589-8008 with any questions.

Light snacks will be provided!

