Where for Care?

The lists below are a guide that will help you decide where to go for care.

Clinic Same-Day Visit



Emergency Department



- Burning with urination
- Mild Asthma
- Nausea and diarrhea
- Ear or sinus pain
- Allergic reactions/rashes
- Minor burns
- Cough or sore throat
- Minor fever or cold
- Minor headache
- Bumps, cuts and scrapes
- Removal of stitches
- Flu like symptoms
- Asthma, COPD, & Emphysema symptoms are getting worse
- Chronic pain worsens
- Minor injuries such as sprains or strains
- Mouth pain or swelling
- Abdominal pain
- Skin infections
- Anxiety
- Animal bites

Mon-Fri, 8-5, call 719-589-3000

After hours, call 719-589-2511 to ask for the provider on call if you are unsure

- Sudden or unexplained loss of consciousness
- Chest pain or pressure
- Numbness in face, arm, or leg
- Coughing up or vomiting blood
- High fever with stiff neck, mental confusion or difficulty breathing
- Severe shortness of breath
- Difficulty speaking
- Any type of abuse
- Severe Asthma symptoms
- Head/neck injuries
- Excessive/profuse bleeding
- Fever over 103 degrees or fever that does not respond to over the counter medications
- Fevers in babies under 8 weeks of age
- Changes in mental status
- Thoughts of hurting yourself or others
- Major injuries
- Vision change or weakness
- Bleeding with pregnancy
- Poisoning
- Snake bites

Call 911 or go directly to the Emergency Department

